

Bariatric Brand of Multivitamin	Cost Per Month	Dose Per Day	Where to Buy
Bariatric Advantage Ultra Solo W/Iron Capsule Bariatr Advantage. Ultra Solo with iron too pro too Malakasure Dectary Supplement 90 CAPSULES	\$17.32	1	www.bariatricadvantage.com
Bariatric Advantage Ultra Solo W/Iron Chewable Bariatri Advantage Ultra Solo With Iron With Iron With Iron Road Pay Maddenent With Iron Road Pay Maddenent Road Pay Maddenent Road Pay Maddenent Road Pay Maddenent Road Pay	\$17.32	1	www.bariatricadvantage.com
Celebrate Multi Complete 36 Chewable	\$17.65	2	www.celebratevitamins.com
Procare Health Bariatric Multi Capsule w/18mg iron	\$13.33	1	www.procarenow.com
Procare Health Bariatric Multi Chewable w/18mg iron	\$11.66	1	www.procarenow.com



OTC Brand of Multivitamin	Cost Per Month	Dose Per Day	What's Missing
Centrum Adult Chewables Centrum Chewables Acceptance Chewables Acceptan	\$6.66	2	Need additional B1, B12, Vitamin D, Vitamin K
Centrum Fresh and Fruity Adult Chewables Chewables Centrum Fresh&Fruity Centrum Fresh&Fruity Centrum	\$8.66	2	Need additional B1 (9mg+), B12 (350mcg+)

Options for Additional Vitamins Needed *prices may vary, any brand acceptable:

Nature Made B1 100mg Nature Made Nature Made Nature Made Nature Made Nature Made Nature Made Nature Made	\$3.33	Nature Made Vitamin D3 2000 IU	\$0.59
Nature's Bounty 500mcg B12	\$3.00	Nature Made Vitamin K 100mcg Nature Made Vitamin K 100mcg Nature Made K2 100 mcg 100 mcg	\$1.00
Solgar Dry Vitamin A 5000 IU	\$2.85	Citrical Maximum Calcium Citrate 630mg	\$6.00